

Balsam Fir (Idaho) – 15ml	Self-Dignity
Basil – 15ml	Integrated Oneness
Bergamot – 10ml	Finding Inner Home
Black Pepper – 5ml	Passionate Exploration
Cedarwood – 15ml	Recognizing Inner Divinity
Cinnamon Bark – 5ml	Pleasant Memories
Cistus – 5ml	Accessing Experiential Knowledge
Clary Sage – 15ml	Belief in Success
Clove – 15ml	Dissolving Boundaries
Coriander – 5ml	Releasing Untapped Potential
Cypress – 15ml	Balancing the Feminine/Masculine
Dill – 5ml	Unified Fields of Light and Love
Douglas Fir – 5ml	Exuberance
Elemi – 15ml	Dynamic Balance
Eucalyptus Dives – 15ml	Emotional Stability and Flow
Eucalyptus Globulus – 15ml	Creating New Paradigms
Eucalyptus Polybractea – 15ml	Openness to New Ideas
Eucalyptus Radiata – 15ml	Recognition of Intrinsic Value
Fennel – 15ml	Comforting the Inner Child
Frankincense – 15ml	Entrainment with the Earth
Galbanum – 5ml	Overcoming Conditioned Responses
Geranium – 15ml	New Beginnings
Ginger – 5ml	Self-Trust
Goldenrod – 5ml	Re-Establishing Faith in Perfection
Grapefruit – 15ml	Resurrection of Innocence
Helichrysum – 5ml	Enlightenment
Hyssop – 5ml	Inner Well-Being
Idaho Tansy – 5ml	Being in Touch With the Instinctual
Jasmine – 5ml	Sensuality Explored
Juniper – 15ml	Spiritual Re-Awakening

Laurus Nobilis – 5ml	Finding the Praiseworthy
Lavender – 15ml	Gratitude
Ledum – 5ml	Acknowledging Wholeness
Lemon – 15ml	Purity Regained
Lemongrass – 15ml	Youthening Through Frequencies of Praise
Marjoram – 15ml	Delight Remembered
Melaleuca (Alternifolia) – 15ml	Self-Discovery
Melaleuca (Ericifolia) – 15ml	Dynamic Balance
Melissa – 5ml	Being Fully Present for the Self
Mountain Savory – 5ml	Surrender to the Divine
Myrrh – 15ml	Majesty Reclaimed
Myrtle – 15ml	Faith in Bounty
Nutmeg – 5ml	Limitless Availability of Resources
Orange – 15ml	Re-Awakening Pure Sexuality
Oregano – 15ml	Realizing Dreams
Palo Santo – 5ml	Clarity of Vision
Patchouli – 15ml	Connection With Nature
Peppermint – 15ml	Effervescent Energy
Pine – 15ml	Feeling Enveloped in Safety
Ravensara – 5ml	Empathic/telepathic communication
Roman Chamomile – 5ml	The Peace of Immortality
Rose – 5ml	Divine Presence
Rosemary – 15ml	Holistic Language of Truth
Rosewood – 15ml	Integrated Transparency
Sage – 15ml	Absolute Truthfulness With the Self
Sandalwood – 5ml	Compassionate Understanding
Spearmint – 5ml	Fervent Devotion to Self-Understanding
Spikenard – 5ml	Silencing the Mind
Spruce – 15ml	Awakened Connection With Source
St. Marie's Lavender – 10ml	Recognizing Blessings

Tangerine – 15ml	Fluidity in Mastery
Tarragon – 5ml	Daring to Stretch Horizons
Thyme – 15ml	Abundant Self-Nurturing
Tsuga – 5ml	Establishing Sacred Space
Valerian – 5ml	Peace That is Unshakeable
Vetiver – 5ml	Eternal Perspective
Western Red Cedar – 5ml	Honoring the Interconnectedness of Life
White Fir – 5ml	Reverent Living
Wintergreen – 15ml	Expression of Inner Strength
Ylang Ylang – 15ml	The Divinity of Physical Life